

## **Introducing the United Methodist Heritage and Fresh Expressions Journey**

Presented By: Fresh Expressions United Methodist in partnership with Fresh Expressions Florida, The Fresh Expressions House of Study at United Theological Seminary

Teaching Guide: Rev. Dr. Michael Adam Beck

Teaching Bishop: Bishop Sue Hauptert-Johnson

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Embark on a profound 12-night pilgrimage through the historic lands of England, immersing yourself in the rich tapestry of three extraordinary spiritual movements: the Methodist Movement and the Fresh Expressions Movement. This transformative journey, tailored for both laity and clergy of the United Methodist Church, offers a deep exploration of these influential movements, equipping participants with wisdom and inspiration for present and future application in their faith journeys.

As we journey from city to city, we will also visit renowned tourist attractions, experiencing the cultural richness of each location. From the historic streets of York to the vibrant energy of Liverpool, we will uncover the unique charm and character of these captivating destinations.

This journey is more than just a historical exploration; it is an opportunity for personal growth and renewal. The lessons we learn from the Celtic Evangelism, Methodist Movement, and Fresh Expressions Movement will inspire and empower us to reawaken our inherited traditions and apply their timeless wisdom in our present and future contexts. Continuing education units will be provided, ensuring that participants gain valuable insights and knowledge that can be applied in their roles as leaders within the United Methodist Church.

Join us on this remarkable pilgrimage, where history, spirituality, and the present-day converge. Together, we will deepen our understanding, strengthen our faith, and forge lasting connections with fellow travelers as we uncover the profound lessons of Celtic Evangelism, the Methodist Movement, and the Fresh Expressions Movement. Get ready to embark on a transformative journey that will forever shape your spiritual journey.

The trip cost includes hotels, transportation in England, breakfast, and dinner throughout the trip. The total cost will be \$3,600 with the potential to lower to \$2,800 with bulk discount as people join the trip. Participants of the trip will get exclusive teaching with Rev. Dr. Michael Beck and Fresh Expression Leaders throughout the UK prior to and during the trip. Bus rides will be utilized as lecture opportunities to make the most of our immersion time. For questions please contact the travel agent, Kenya Ellis at [asias4@aol.com](mailto:asias4@aol.com) or (352)872-3451.

### **Day 1: Arrival in London, UK**

Our adventure begins amidst the bustling energy of London, England, where we will be captivated by world-renowned landmarks such as the Tower of London, Buckingham Palace, and the British Museum. From there, we will trace the footsteps of John Wesley, the visionary founder of Methodism, visiting significant sites such as Wesley's Chapel and the Museum of Methodism. Engaging with local Methodist communities, we will attend worship services and events, forging connections and immersing ourselves in the vibrant Methodist heritage that thrives in London.

- Explore popular tourist sites in London, such as the Tower of London, Buckingham Palace, and the British Museum.

#### Day 2: London - John Wesley's sites

- Visit Wesley's Chapel and the Museum of Methodism in London, significant sites related to John Wesley and Methodism's early history.
- Attend a Methodist service or event in London.

#### Day 3: London to Bristol

Our next destination is the vibrant city of Bristol, where the innovative Fresh Expressions Movement has found fertile ground. Here, we will witness faith in action, engaging with local communities and participating in Fresh Expression gatherings that embody new and creative expressions of worship and community outreach. We will also explore Bristol's Methodist heritage, visiting the New Room, John Wesley's Chapel, and discovering the roots of Methodism in this vibrant city.

Travel time: Approximately 2 hours by train

- Journey to Bristol, exploring the vibrant city and visiting the Clifton Suspension Bridge.
- Attend a Fresh Expression gathering or engage with local Methodist communities in Bristol.

#### Day 4: Bristol - Fresh Expressions and Methodist Heritage

- Discover Fresh Expressions of faith in Bristol, engaging with local communities and attending Methodist services or events.
- Visit the New Room, also known as John Wesley's Chapel, and explore the Methodist heritage in Bristol.

Optional: Bath, England- Journey from Bristol to Bath, another significant city in Wesley's life.

- Visit the Bath Abbey and discover the impact of the Methodist movement in the area.

#### Day 5: Bristol to Oxford

Continuing our pilgrimage, we will journey to the historic city of Oxford, renowned for its prestigious university and rich intellectual heritage. As we wander the hallowed halls of Christ Church College and the Bodleian Library, we will also engage with Fresh Expressions, witnessing the ways in which faith is embodied in contemporary society.

Travel time: Approximately 1.5 hours by train

- Travel to Oxford, exploring the historic city and visiting Christ Church College, the Bodleian Library, and other notable sites.
- Engage with Fresh Expressions and attend Methodist services or events in Oxford.

#### Day 6: Oxford to Epworth

The spirit of John Wesley will guide us to Epworth, his birthplace, where we will visit the Old Rectory and the Epworth Methodist Church, connecting with the roots of the Methodist Movement.

- Travel time: Approximately 3.5 hours by train and car
- Journey to Epworth, the birthplace of John Wesley, and visit the Old Rectory and the Epworth Methodist Church.
- Engage with Fresh Expressions and attend worship services or events in Epworth.

#### Day 7: Epworth to York

In the medieval city of York, we will uncover the fascinating Wesleyan heritage trail, exploring sites such as the Methodist Central Hall and the iconic John Wesley Statue. This will be complemented by opportunities to delve into York's Viking and medieval heritage, including the renowned Jorvik Viking Centre.

Travel time: Approximately 1.5 hours by car

- Travel to York, exploring its medieval streets, York Minster, and the Shambles.
- Attend a Fresh Expression gathering or engage with local Methodist communities in York.

#### Day 8: York - Wesleyan and Celtic Christianity

- Visit the York Wesleyan Heritage Trail, including sites like the Methodist Central Hall and the John Wesley Statue.
- Optional: Explore York's Viking and medieval heritage, including the Jorvik Viking Centre.

#### Day 9: York to Durham

Continuing our journey, we will travel to Durham, steeped in Christian history and home to the awe-inspiring Durham Cathedral and Castle. Engaging with Fresh Expressions in Durham, we will witness firsthand the innovative ways in which faith is being practiced in this dynamic city.

Travel time: Approximately 1 hour by train

- Journey to Durham, visiting Durham Cathedral, Durham Castle, and exploring the city's Christian heritage.
- Engage with Fresh Expressions and attend Methodist services or events in Durham.

#### Day 10: Durham to Newcastle

Our pilgrimage will then lead us to Newcastle, a city that resonates with the spirit of both Methodist heritage and contemporary expressions of faith. We will explore Newcastle's cultural attractions, including the Quayside and Newcastle Castle, while engaging with Fresh Expressions and participating in local Methodist gatherings.

Travel time: Approximately 15 minutes by train

- Travel to Newcastle, exploring its cultural attractions, such as the Quayside and Newcastle Castle.
- Attend a Fresh Expression gathering or engage with local Methodist communities in Newcastle.

#### Day 11: Newcastle to Manchester

Next, we will venture to Manchester, a city known for its industrial heritage, vibrant arts scene, and thriving Fresh Expressions communities. We will visit the Manchester Museum and the Science and Industry Museum, while also attending worship services and events that demonstrate the living faith found within the Methodist and Fresh Expressions movements.

Travel time: Approximately 2 hours by train

- Journey to Manchester, visiting the Manchester Museum, the Science and Industry Museum, and exploring the vibrant Northern Quarter.
- Engage with Fresh Expressions and attend worship services or events in Manchester.

#### Day 12: Manchester

#### Day 13: Fly from Manchester

#### Fly Home from Manchester