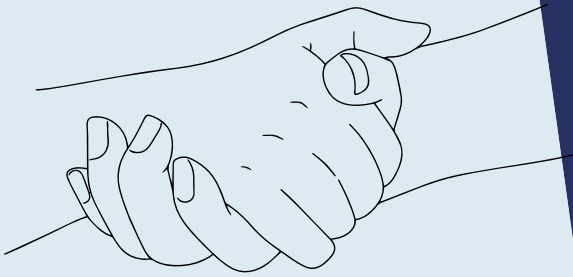


How to help post-Hurricane Helene

www.vaumc.org/helene



Pray



Prepare

ERT Training

ERT certification ensures people onsite in disaster response have appropriate training to help.

ERT certified individuals will receive an email from their team leader about next steps soon.

Upcoming Training

- Saturday Oct. 26 - Coastal VA
- Saturday Nov. 9 - RVA area

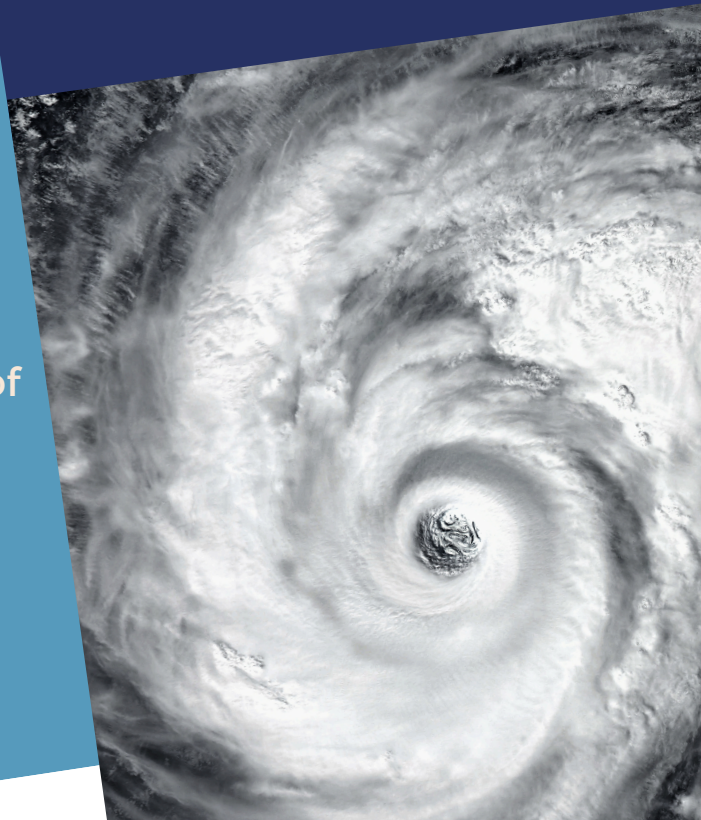
Provide

Flood Buckets

- Help replenish Mission Central Depot
- Drop off at a local site by Sunday Oct. 13

Give

- Financial gifts are one of the biggest source of impact to help with disaster relief effort
- UMCOR uses 100% of donations to support disaster relief



Making an UMCOR Flood Bucket

5 gal. round bucket w/lid

Liquid laundry detergent (32-64 oz)

Bottle liquid household cleaner (16-40 oz)

Dish soap (16-34 oz)

Liquid pump spray air freshener (4-8 oz)

Pump spray Insect Repellent (16-14 oz) or 10-20 wipes

One scrub brush

18 re-usable wipes (no paper, microfiber or terrycloth)

5 scouring pads

36-50 clothes pins and 50-100 ft. clothesline

24 roll of heavy-duty trash bags

5 N95 respirator dust masks

Two pairs of kitchen gloves

One pair of work gloves



Video and full instructions at:

<https://umcmmission.org/umcor-cleaning-kit/>