Ministry of Soul / Pastoral / Spiritual Care

A Brief Introduction

Rev. Bert Cloud For additional material visit

[bertcloud@vaumc.org](mailto:bertcloud@vaumc.org) soulcare.substack.com

* + 1. (mobile)

1. Daniel the Stylite and Where You Stand as a Pastor
2. The Primary Tasks for Caregivers
   1. Show Up – physically and spiritually
   2. Pay Attention - listen, pray, and reflect theologically
   3. Bring what God has given you to offer: Faith, Hope, and Love.
   4. Connect care within the web of community.
3. And Now For Something Completely Different: You Are Not…
   1. Hero with a Cape
   2. The On-Demand Pastoral Machine (The imperative of pastoral availability is not the myth of “on-demand” comprehensive service, 24/7/365)
   3. The Failure, the Monster, the Incompetent Pastor
4. VAUMC Counseling Guidelines
5. “Pastoral Counseling” is different from Pastoral “Counseling.”
6. ‘Stay in Your Lane’ by offering listening ministry, brief ‘counseling’, and refer to other care providers as appropriate.
7. Set a personal policy limiting counseling relationships to three sessions of 60-90 minutes per concern.
8. Develop a referral network and continue to care when seeing other care providers.
9. Maintain confidentiality, except where legally mandated to report
10. Keep Boundaries