**Licensing School 2021**

Clergy Self-Care

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This talk is an introduction to the VAUMC Clergy Self-Care Covenant with links to supporting resources from the conference and documents from the VAUMC website.

VAUMC Self-Care Covenant and Vacation Policy:

<https://vaumc.org/spprcresources/>

Everything you need to know about CEU’s:

<https://vaumc.org/clergycontinuingeducation/>

Guidelines for Education and Continuing Education:

<https://doc.vaumc.org/MinServices/GuidelinesforEducationandContinuingFormation.pdf>

Everything you need to know about Clergy Development (includes links to funding)

<https://vaumc.org/clergydevelopment/>

Spiritual Formation and Vitality Resources:

<https://vaumc.org/spiritual-formation-and-vitality-resources/>

Ministerial Family Counseling Program:

<https://vaumc.org/ministerialfamilycounselingprogram/>

Expectations of Pastoral Leadership:

<https://doc.vaumc.org/BOM/SPRC/ExpectationsOfPastoralLeadershipFall2010-WebRead.pdf>

Dear Colleagues,

Completing the VAUMC Clergy Self-Care Covenant is completely optional. I pray that practicing good self-care will organically become a priority for you and that completing the covenant will be a sign of your commitment to yourself, your relationship with God, your ministry, and your longevity. Please know that I am praying for you as you go through Licensing School and begin a new chapter of discipleship. I’m happy to support you as a companion on the journey if you want to reach out to me: leighannetaylor@vaumc.org

Peace and every good,

Leigh Anne

Rev. Leigh Anne Taylor

Revitalization Coordinator, Lynchburg District